

# Poo Motion

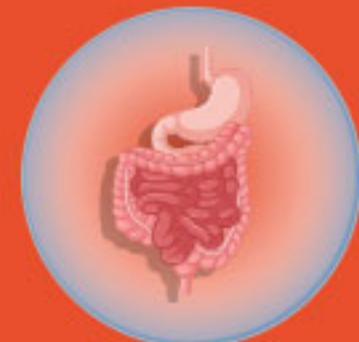
I take great pride in my formulations. This product is formulated for the most sensitive individual. All ingredients are of the highest quality and purity available. This product was produced under a strict quality management system in compliance with certified Good Manufacturing Practices (cGMP-s), including third-party quality certifications.

Nourishing Families,

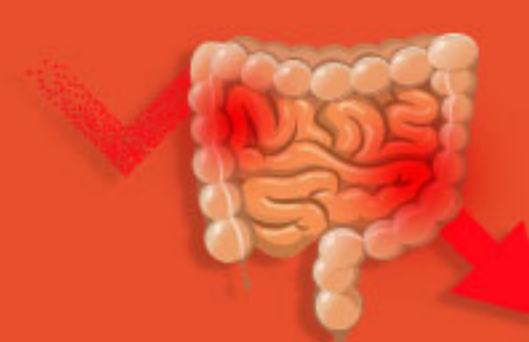
**Dr. Ashley Mayer**



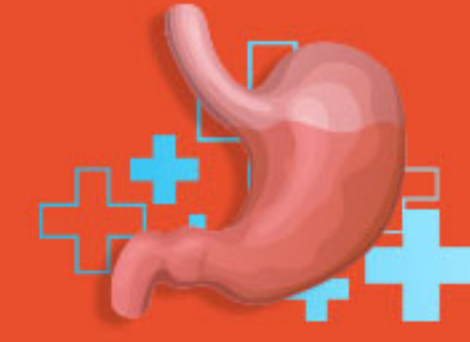
Helps hydrate and soften dry stools\*



Soothes and protects the lining of the GI tract\*



Decreases inflammation in the bowel and intestine\*



Relieves indigestion, gas, bloating & reduces nausea\*

## Ingredients:

- Ethically Wild Harvested Yellow Dock Root
- Organic Licorice Root
- Organic Fresh Marshmallow Root
- Peppermint Spirits
- Raspberry Natural Flavor

## Suggested Use:

**Shake well.** Any sediment that collects at the bottom is completely natural, as this is a natural product.

10-30 lbs: use 10-20 drops

31-60 lbs: use 20-40 drops

61-100 lbs: use 40-60 drops

over 100 lbs: use 60-90 drops.

2-3 times per day or as needed in juice or water

## Supplement Facts

Serving Size 30 Drops (1 ml)

Servings per Container About 30

**Amount Per Serving 411 mg**  
**Herb Weight Equivalence**

### Proprietary Blend \*

Yellow Dock Root >, Licorice Root +, Fresh Marshmallow Root +, Peppermint Spirits

**Herb Strength Ratio 1:2.4**

\* Daily Value Not Established

**Other Ingredients:** Vegetable Glycerin, Deionized Water, Raspberry Natural Flavor

+ Organic, > Ethically Wild Harvested

*\*These statements have not been evaluated by the FDA.*