



**Dr.GreenMom®**  
a doctor's vision, a mother's love

# KINDERGARTEN PREP VACCINE CHECKLIST

[DRGREENMOM.COM](http://DRGREENMOM.COM)



# Dr. Green Mom's Kindergarten Prep Vaccine Checklist

Dr. Green Mom's Kindergarten Prep Checklist is designed to help you navigate vaccine requirements and exemptions for school entry. It will guide you through the steps needed to determine your state's laws, explore whether titer testing is accepted, and prepare the appropriate exemption documentation—whether medical, religious, or personal belief—based on your child's specific situation.

Child's name: \_\_\_\_\_

Current age: \_\_\_\_\_

Age when they will enter school: \_\_\_\_\_

State my child will be attending school: \_\_\_\_\_

## Step 1: Locate your state below.

- All states “require” MMR, Varicella, DTaP, and Polio.
- All states allow medical exemptions.

State (Hyperlinks go to state requirements)	Hepatitis A & B Requirements	Non-medical exemptions allowed – Religious and/or Philosophical	Exemption Forms	Notes
<a href="#">Alabama</a>	Neither are required.	Yes, religious.	<p>A Certificate of Religious Exemption can only be issued by a <a href="#">county health department</a>.</p> <p>Medical exemptions happen through a <a href="#">state portal</a>. The portal is only accessible by your healthcare provider.</p>	<p>Religious: A written objection from the parent or guardian of a student or child based on religious tenets and practices shall be submitted in person by the parent or guardian to the County Health Department for issuance of a Certificate of Religious Exemption.</p> <p>Medical: A licensed physician can provide individual exemption from the required</p>

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				immunizations or testing on a Certificate of Medical Exemption.
<a href="#">Alaska</a>	Hepatitis A and B required	Yes, religious.	<a href="#">Medical and Non-medical forms are in this package</a>	
<a href="#">Arizona</a>	Hepatitis B required	Yes, religious and philosophical.	<a href="#">Medical exemption form here.</a>  <a href="#">Personal beliefs exemption form here.</a>	
<a href="#">Arkansas</a>	Hepatitis A and B required	Yes, religious and philosophical.	<a href="#">Medical and non-medical exemption forms are here.</a>	Notarization required, education required, and informed consent form must be signed.
<a href="#">California</a>	Hepatitis B required	No, medical only.	<a href="#">CAIR-ME accounts for parent and physician are required.</a>	
<a href="#">Colorado</a>	Hepatitis B required	Yes, religious and philosophical exemptions are combined and considered “non-medical exemptions.”	<a href="#">Medical and non-medical exemption forms are here.</a>	Education required - <a href="#">online module</a> or with healthcare provider.
<a href="#">Connecticut</a>	Hepatitis A and B required	No, medical only.	<a href="#">Medical exemption form here.</a>	
<a href="#">Delaware</a>	Hepatitis B required	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	Notarization of non-medical forms required.
<a href="#">District of Columbia</a>	Hepatitis A and B required	Yes, religious.	<a href="#">Religious exemption info here.</a>	Religious: Please submit the name of each child, their date of birth, and the school or childcare facility where they are or will be enrolled in an email to <a href="mailto:doh.immunization@dc.gov">doh.immunization@dc.gov</a> . OR Come in person Monday–Friday, 9:00am to 4:00pm DC Health Immunization Division, 5th floor Community Health Administration 2201 Shannon Place SE,

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				Washington, DC 20020
<a href="#">Florida</a>	Hepatitis B required.	Yes, religious.	<a href="#">Religious and medical exemptions info here.</a>	The DH 681 Form (religious exemption) is issued ONLY by county health departments and ONLY for a child who is not immunized because of his/her family's religious tenets or practices.
<a href="#">Georgia</a> <a href="#">Download the document here.</a>	Hepatitis A and B required.	Yes, religious.	<a href="#">Download religious exemption form here.</a>	Notarization of non-medical exemption forms required.
<a href="#">Hawaii</a>	Hepatitis A and B required.	Yes, religious.	<a href="#">Religious exemption form here.</a> <a href="#">Medical exemption form here.</a>	
<a href="#">Idaho</a>	Hepatitis A and B required.	Yes, religious and philosophical.	<a href="#">Medical/non-medical form here.</a>	A medical exemption must be completed by a licensed physician. It is recommended that exemptions for religious or other reasons be documented on the form provided by DHW's Immunization Program. Parents or guardians may also claim an immunization exemption by providing a signed written statement when entering their child into school and/or childcare.
<a href="#">Illinois</a>	Hepatitis B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>	Medical exemptions require a statement from a licensed physician detailing the medical condition that contraindicates a specific immunization.
<a href="#">Indiana</a>	Hepatitis A and B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>	

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			<a href="#">Medical exemption form here.</a>	
<a href="#">Iowa</a> ( <a href="#">PDF here</a> )	Hepatitis B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical Certificate of Immunization exemption form here.</a>	Only measles and rubella required - titer opportunity since mumps fails often
<a href="#">Kansas</a>	Hepatitis A and B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	
<a href="#">Kentucky</a>	Hepatitis A and B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption included on Certificate of Immunization Status form here.</a>	Notarization of non-medical forms required.
<a href="#">Louisiana</a>	Hepatitis A and B required.	Yes, religious and philosophical.	<a href="#">Non-medical exemption form here.</a>	Medical exemptions: Louisiana law (R.S. § 17:170) mandates schools must accept any written physician statement as a valid medical exemption.
<a href="#">Maine</a>	Neither are required.	No, medical only.	<a href="#">Medical exemption form here.</a>	
<a href="#">Maryland</a>	Hepatitis B required.	Yes, religious.	<a href="#">Medical &amp; religious exemptions included in state vaccination form here.</a>	
<a href="#">Massachusetts</a>	Hepatitis B required.	Yes, religious.	<a href="#">There are no official forms. See guidelines here.</a>	Organizations provide their own religious exemption request forms.  Schools provide their own medical exemption request forms.
<a href="#">Michigan</a>	Hepatitis B required.	Yes, religious and philosophical.	<a href="#">Non-medical exemption forms must be obtained through the health department and require an education session. More info here.</a>  <a href="#">Medical exemption form here.</a>	

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<a href="#">Minnesota</a>	Hepatitis B required.	Yes, religious and philosophical.	<a href="#">Medical and non-medical exemptions form here (page 2).</a>	Notarization of non-medical forms required.  Childcare only: centers have option not to enroll child with non-medical exemption.
<a href="#">Mississippi</a>	Hepatitis B required.	Yes, religious.	<a href="#">Religious exemption request form here.</a>  <a href="#">Medical exemption request form here.</a>	
<a href="#">Missouri</a>	Hepatitis B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	
<a href="#">Montana</a>	Neither are required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	
<a href="#">Nebraska</a>	Hepatitis B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	Notarization of non-medical forms required.
<a href="#">Nevada</a>	Hepatitis A and B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	
<a href="#">New Hampshire</a>	Hepatitis B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>	<a href="#">Medical exemption forms are not standardized. Your doctor must write a document and sign. More info here.</a>
<a href="#">New Jersey</a>	Hepatitis B required.	Yes, religious.	<a href="#">No official religious exemption form. Guidance here.</a>  <a href="#">Medical exemption form here.</a>	When a parent or guardian submits a written, signed request for exemption from mandatory immunization(s) due to religious beliefs, the statement should be accepted and the religious exemption granted. The request does not need to identify membership in a recognized

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				church or religious denomination or describe how the administration of immunizing agents conflicts with the student's religious beliefs in order for the request to be granted.
<a href="#">New Mexico</a>	Hepatitis A and B required.	Yes, religious.	<a href="#">One form for non-medical and medical exemptions here.</a>	Notarization of non-medical forms required.
<a href="#">New York</a>	Hepatitis B required.	No, medical only.	<a href="#">Medical exemption form here.</a>	
<a href="#">North Carolina</a>	Hepatitis B required.	Yes, religious.	Non-medical exemptions: North Carolina doesn't have a form or a template for religious exemptions.  <a href="#">Medical exemption form here.</a>	Non-medical: Write a statement for each person who needs an exemption. Include their name, date of birth and the reason for the objection. Statements do not need to be notarized, signed by a religious leader, or prepared by an attorney. Send the statements directly to the school, child care center, or program. It shouldn't be sent to the state.
<a href="#">North Dakota</a>	Hepatitis B required.	Yes, religious and philosophical.	<a href="#">Non-medical and medical exemptions form here.</a>	Medical exemption must be signed by a physician.
<a href="#">Ohio</a> ( <a href="#">PDF here</a> )	Hepatitis B required.	Yes, religious and philosophical.	<a href="#">Medical and non-medical exemptions form here.</a>	For a medical exemption, you must have a signed statement from your physician stating the condition and attach it to the exemption form.
<a href="#">Oklahoma</a>	Hepatitis A and B required.	Yes, religious and philosophical.	<a href="#">Non-medical and medical exemptions form here.</a>	<a href="#">Info about requesting immunization exemption here.</a>  <a href="#">Exemption form may be submitted online. Online portal here.</a>
<a href="#">Oregon</a>	Hepatitis A and B required.	Yes, religious and philosophical.	<a href="#">Non-medical exemption form here.</a>	Medical exemption form must be

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			<a href="#">Medical exemption form here.</a>	completed by a physician.
<a href="#">Pennsylvania</a>	Hepatitis B required.	Yes, religious and philosophical.	<a href="#">Non-medical and medical exemptions form here.</a>	
<a href="#">Rhode Island</a>	Hepatitis B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	
<a href="#">South Carolina</a>	Hepatitis A and B required.	Yes, religious.	<a href="#">Religious exemption: The South Carolina Certificate of Religious Exemption form may only be obtained at a county public health department. Forms cannot be e-mailed or mailed.</a>  <a href="#">Medical exemption: A medical exemption can only be obtained through a licensed individual or his/her representative that practices medicine, surgery, or osteopathy.</a>	
<a href="#">South Dakota</a> (PDF here)	Neither are required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	
<a href="#">Tennessee</a>	Hepatitis A and B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	
<a href="#">Texas</a>	Hepatitis A and B required.	Yes, religious and philosophical.	<a href="#">Non-medical exemptions require an affidavit request. Form here.</a>  Medical: Exemption letter from MD.	Notarization of non-medical forms required.  Medical: Unless it is written in the statement that a lifelong condition exists, the exemption statement is valid for only one year from the date signed by the physician.

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<a href="#">Utah</a>	Hepatitis A and B required.	Yes, religious and philosophical.	<a href="#">To access the exemption form a parent must complete the education module here.</a>  Medical: Complete the course and submit a signed medical letter as well.	
<a href="#">Vermont</a>	Hepatitis B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	
<a href="#">Virginia</a>	Hepatitis B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a> (see page 3)	Notarization of religious exemption form required.
<a href="#">Washington</a>	Hepatitis B required.	Yes, religious and philosophical.	<a href="#">Non-medical and medical exemptions forms here.</a>	Personal belief exemption not allowed for MMR vaccine. Education session required with a healthcare provider.
<a href="#">West Virginia</a>	Hepatitis B required.	Yes, religious and philosophical.	<a href="#">Non-medical exemptions info here.</a>  <a href="#">Medical exemption form here.</a>	Religious: Parents of students may request a religious exemption by sending a <a href="#">signed</a> letter to <a href="mailto:VaccineExemption@wv.gov">VaccineExemption@wv.gov</a> .
<a href="#">Wisconsin</a>	Hepatitis B required.	Yes, religious and philosophical.	<a href="#">Medical and non-medical exemptions form here.</a> (see "Waivers")	
<a href="#">Wyoming</a>	Hepatitis B required.	Yes, religious.	<a href="#">Religious exemption form here.</a>  <a href="#">Medical exemption form here.</a>	

Source Document: [Immunize.org](https://www.immunize.org)

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## Step 2: Decide if you will be opting for vaccine exemptions.

- ☐ I will be complying with all of the required kindergarten entry vaccines. *You do not need to proceed further in this checklist.*

- ☐ I will be requesting vaccine exemptions.

My state allows:

- ☐ Medical exemptions only.
- ☐ Medical and religious exemptions are allowed.
- ☐ Medical, religious, and philosophical exemptions are allowed.

*If I am able and choosing to decline a mandated vaccine, the state requires that:*

- ☐ My forms must be notarized.
- ☐ My state requires me to attend an education session.
- ☐ I will speak to my doctor, school board, and/or state health authority about the duration of time this exemption is valid.
- ☐ I acknowledge that my child may be excluded from school if there is a relevant disease outbreak.
- ☐ If there is a relevant disease outbreak, and my child has to stay home from school, I would be willing and able to homeschool them for the duration of the outbreak.

## Step 3: Vaccine Recordkeeping: What vaccines does my child have?

Vaccine	Total Doses Required	Series Complete When...	Age-Based Notes or Exceptions	States Not Requiring*	Complete (if required)
MMR	2	After 2 doses ( $\geq 28$ days apart), with 1st dose at $\geq 12$ months of age	2nd dose typically given at 4–6 years	None	<input type="checkbox"/>
DTaP	5	After 5 doses; or 4 if 4th dose is given at age $\geq 4$ and $\geq 6$ months after previous		None	<input type="checkbox"/>
Varicella	2	After 2 doses, with 1st at $\geq 12$ months	If child had documented chickenpox, vaccine often not required	None	<input type="checkbox"/>
Polio	4	3 doses if 3rd is given at $\geq 4$ years and $\geq 6$ months from 2nd dose	Final dose must be given at $\geq 4$ years	None	<input type="checkbox"/>
Hepatitis B	3	After 3 properly spaced doses		AL, MA, MT, SD	<input type="checkbox"/>

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		(usually birth, 1–2 months, 6–18 months)			
<b>Unique State Requirements</b>					
Hepatitis A Required for school entry: AK, AR, CT, DC, GA, HI, ID, IN, KS, KY, LA, NV, NM, OK, OR, SC, TN, TX, UT, VA	2	After 2 doses spaced $\geq 6$ months apart, starting at age $\geq 12$ months		All states except: AK, AR, CT, DC, GA, HI, ID, IN, KS, KY, LA, NV, NM, OK, OR, SC, TN, TX, UT, VA	<input type="checkbox"/>
Pneumococcal NC ONLY	4, typically	<p>Series is considered complete if:</p> <p>4 doses given at appropriate intervals</p> <p><b>OR</b></p> <p>3 doses if the 3rd dose is given at age <math>\geq 12</math> months and <math>\geq 8</math> weeks after previous dose</p> <p><b>OR</b></p> <p>2 doses if starting after age 12 months and healthy</p> <p><b>OR</b></p> <p>1 dose if healthy and starting at <math>\geq 24</math> months</p>		All states but NC	<input type="checkbox"/>

Source Document: [CDC Catch Up Schedule](#)

\*Requirements may be waived through exemptions allowed under state law (e.g., medical, religious, or philosophical).

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## Step 4a: Organizing Outstanding Vaccinations

Vaccine	Doses Outstanding	Appointment Booked & Date of Appointment (Space 4-6 weeks apart)	Titer Testing Possible for School Exemptions?*
MMR		<input type="checkbox"/>	Most states - test within 12 months of school start.
DTaP		<input type="checkbox"/>	No
Varicella		<input type="checkbox"/>	Most states – test within 12 months of school start.
Polio		<input type="checkbox"/>	No
Hepatitis B		<input type="checkbox"/>	Most states – test within 12 months of school start.
<b>Unique State Requirements</b>			
Hepatitis A Required for school entry: AK, AR, CT, DC, GA, HI, ID, IN, KS, KY, LA, NV, NM, OK, OR, SC, TN, TX, UT, VA		<input type="checkbox"/>	Some states - test within 12 months of school start.
Pneumococcal NC ONLY		<input type="checkbox"/>	No

\*California does not automatically accept titer testing. A medical exemption form must be filled out by your doctor, and it is not always successful.<sup>1</sup>

<sup>1</sup> <https://www.santacruzhealth.org/Portals/7/Pdfs/PublicHealth/immunizations/School%20IZ%20FAQs.pdf>

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## Step 4b: Organizing Exemptions

### 1. Know Your State's Laws

- Exemptions my state allows
  - ☐ Medical
  - ☐ Religious
  - ☐ Philosophical/Personal Belief
- Verify whether titers are accepted (e.g., MMR, Varicella, Hep B in some states)
- Review specific school or district policies if they differ from state regulations. Rules may vary for private, religious, boarding or charter schools.

### 2. Medical Exemption (available in all states)

- Obtain a signed statement or official form from a licensed physician (MD or DO)
- Include:
  - ☐ Child's full name and date of birth
  - ☐ Specific vaccines exempted
  - ☐ Valid medical reason (e.g., allergy, prior adverse reaction, immunodeficiency)
    - List of medical exemptions per vaccine available on the CDC website [here](#).
  - ☐ Whether the exemption is permanent or temporary (with expiration date)
  - ☐ Physician's full name, license number, contact info, and signature
- ☐ Submit to school with supporting documentation (e.g., lab/titer tests, clinical notes)
- ☐ California: Submit via CAIR-ME system only — paper forms not accepted

### 3. Religious Exemption

- ☐ Use state-specific exemption form (if provided) or a signed written statement
- Include:
  - ☐ Statement that immunizations conflict with sincerely held religious beliefs
  - ☐ Child's full name and date of birth
  - ☐ Parent or guardian's name and signature
  - ☐ Notarization if required (varies by state)
- ☐ Submit within school enrollment deadlines

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## 4. Philosophical or Personal Belief Exemption

- ☐ Use state-specific exemption form (if provided) or a signed written statement  
Include:
  - ☐ Statement that immunizations conflict with **personal** or philosophical beliefs
  - ☐ Child's full name and date of birth
  - ☐ Parent or guardian's name and signature
  - ☐ Notarization if required
- ☐ Submit within school enrollment deadlines

## 5. Optional: Titer Test Results

- Only submit if:
  - ☐ Your school board accepts titers as proof of immunity (e.g. MMR, Varicella, Hep B, Hep A)
  - ☐ Titers show positive IgG levels.
- Some states still require:
  - ☐ A medical exemption even with titers (e.g. California)
- ☐ Confirm test was processed by a CLIA-certified lab
- ☐ Attach lab report to vaccine form submission

## 6. Final Checklist

- ☐ All vaccines are compliant or
- ☐ Completed exemption form (medical, religious, or philosophical)
  - ☐ Supporting documentation (e.g. physician note, lab results)
  - ☐ Notarization (if required)
  - ☐ Education classes complete (if required)
  - ☐ Copy kept for your records
- ☐ Confirmation of school acceptance (email or written confirmation recommended)

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